

Blessings Friend. Today is a new day so let us give thanks.

Have you ever had someone asks you how are you doing and you are not quite sure how to respond? In truth, many are struggling with what is happening around them in the world today and they do not know how to COPE.

Some are turning to a substance to fill the hole of fear, others are online shopping to keep distracted. Maybe you are the one who is consumed by researching and watching too much media which is only feeding more fear into your life. What if you feel lost in despair with no HOPE for the future. Are you the one sinking?

Friends something happens to a person when they put their FAITH in JESUS and let HIM CARRY their BURDENS. There is a story in the Bible about Peter one of Jesus' disciples who takes a STEP of FAITH to get out of the boat (his comfort zone) and walks on the water towards Jesus. He gets distracted by what is happening around him because he takes his EYES off Jesus.

In God's WORD in Matthew 14:28 Then Peter called to him, "Lord, if it's really you, tell me to come to you, walking on the water" (29) "Yes, come, Jesus said. (30) But when he saw the strong wind and the waves, he was terrified and began to sink, "Save me, Lord!" (31) Jesus immediately reached out and grabbed him "You have so little faith," Jesus said, "Why did you doubt me?"

DISTRACTIONS are like that WIND and the WAVES of LIFE that take us off course and we begin to sink just like Peter did. If we were to turn away from those distractions and put our TRUST and FAITH in Jesus and made time to sit with HIM, HE can fill us with PEACE like nothing this world has to offer.

Friends, be encouraged this weekend when you have moments where you feel like you are sinking just whisper out loud " I need you, Jesus." He WILL hear you and come to your side right then and there. We don't need to feel FEAR when we know the ONE who is in CONTROL of everything that is happening around us. May this comfort you and if you are wanting to learn more about His peace spend time sitting quietly in HIS presence. BE STILL with Him. If you don't own a BIBLE get one and stay in HIS WORD so you can HEAR HIM.

Have a wonderful weekend and always remember how dearly you are loved and that you are never alone. Peace Be with us ALL.